



Global Health Lecture Series

Wednesday
October 21
ACB 110
Noon

Schedule of Presenters Fall 2015

- Friday, September 18
- Thursday, October 1
ACB 100
- Wednesday, October 21
- Wednesday, November 4
- Wednesday, November 18
- Wednesday, December 2

Free lunch will be provided to the first
50 attendees.
No RSVP is necessary.

**To reserve your lunch, please
bring a large bottle of baby powder
to the Office of Global Health
(2B410) by
Tuesday, October 20.**

This event is free and open to the
public.

For more information about the
Global Health Lecture Series, contact
the Office of Global Health at
806-743-2901 or
globalhealth@ttuhsc.edu.

Persons needing assistance should
contact the Office of Global Health
for arrangements.



Bodybuilding for the Brain: Mindful Learning presented by John Pelley, MBA, PhD Department of Medical Education TTUHSC School of Medicine

Dr. John Pelley is a professor of Medical Education at TTUHSC. His contribution to medical education has been recognized with several awards including: the Medical Education Scholarship Award from the Southern Group on Educational Affairs (2006), the Alpha-Omega-Alpha Robert J. Glaser Distinguished Teacher Award (2010), and the TTUHSC Chancellors Council Distinguished Teacher Award (2010).

The challenges of helping students with learning issues caused him to acquire a strong interest in the learning process. As a result, he has devoted the last 30 years to educational projects to improve the ability of medical students to cope with their medical education. Dr. Pelley speaks regularly at medical schools, helping both faculty and students understand how to create lifelong, self-directed learning behaviors.

This presentation will use something we take for granted, bodybuilding, to help us become mindful of something that we find mysterious, learning. The outcome of both bodybuilding and learning is growth – in both function and form. This special story of how the brain works will include the role of sleep, emotion, decision-making, and mindfulness in learning, whether in the classroom or in daily life.

For additional information, visit [The Success Types Medical Education](#) and [TEDx: Bodybuilding for the brain](#).

**This presentation is being co-sponsored by the
Division of Integrative Medicine as part of an
Integrative Medicine Mini Series.**