



Global Health Lecture Series

Dry Needling

featuring

Gary Kearns, PT, ScD, OCS, FAAOMPT

Brad Allen, PT, ScD, COMT

Assistant Professors, Doctor of Physical Therapy Program
Department of Rehabilitation Sciences,
School of Health Professions, TTUHSC

Wednesday, November 15

Noon, ACB 150

This presentation is being co-sponsored by the Division of Integrative Medicine as part of an Integrative Medicine Mini-series.

Dry needling is a skilled intervention that uses a thin filiform needle to penetrate the skin and stimulate underlying myofascial trigger points, muscular, and connective tissues for the management of neuromusculoskeletal pain and movement impairments. This presentation will provide a brief history and introduction to how dry needling is utilized by physical therapists in the comprehensive management of patients. After the presentation the audience will be able to describe the history of dry needling by physical therapists and list the mechanisms behind pain relief with dry needling.

Dr. Kearns coordinates the Musculoskeletal and Differential Diagnosis curriculum in the Doctor of Physical Therapy program. His clinical interests include dry needling, manual therapy mechanisms, and clinical reasoning. Dr. Allen assists with the Musculoskeletal and Differential Diagnosis curriculum in the Doctor of Physical Therapy program. His clinical interests include dry needling and the influence of biopsychosocial traits to patient presentations.

This event is free & open to the public. Free lunch will be provided to the first 50 attendees. No RSVP is necessary.

For more information about the Global Health Lecture Series, contact the Office of Global Health at
806-743-2901 or globalhealth@ttuhsc.edu.

Persons needing assistance should contact the Office of Global Health for arrangements.