

Alone Through Iran: 1144 Miles of Trust

Alone Through Iran: 1144 Miles of Trust chronicles the story of Kristina Paltén, the 45-year old Swedish ultra runner who began a solo run through Iran in 2015. She was to become the first woman to run across Iran on foot.

Kristina, who holds world records in both 12-hours and 48-hours running on a treadmill, chose Iran in order to explore a country unknown to her except through western media coverage. Armed with nothing more than a camera and a few supplies strapped to a stroller she calls baby blue, we witness Kristina's 58-day journey across Iran, a journey in which she must confront her own personal bias, challenge her fears of the unknown, examine what it means to be a lone woman in a Muslim country, and exercise trust when at her most vulnerable, all in the hope that her cross-country adventure will contribute to greater openness and understanding.

FREE pizza will be provided to the first 30 attendees!

This event is free and open to the public. No RSVP is necessary.

For more information about our film series, please visit the Office of Global Health website at www.ttuhsc.edu/global-health or call 806-743-2901.