

Global Perspectives Film Series

Fall 2019



**Thursday
December 12
12:00p-1:00p
ACB 230
Resilience**

“The child may not remember, but the body remembers.” The original research was controversial, but the findings revealed the most important public health findings of a generation. RESILIENCE is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of every- thing from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners profiled in RESILIENCE are proving, what’s predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse and neglect. And they’re using cutting edge science to help the next generation break the cycles of adversity and disease.

**Free pizza will be provided to the first 30 attendees!
This event is free and open to the public.
No RSVP is required.**

For more information about the film series, please contact the Office of Global Health at globalhealth@ttuhsc.edu or visit our website at www.ttuhsc.edu/global-health.

Persons needing assistance are requested to call 806-743-2901.

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