

Texas Tech University Health Sciences Center Alcohol and Other Drugs Prevention Program

NATIONAL DRUG & ALCOHOL FACTS WEEK

March 18 – 24, 2024

18 ALCOHOL USE & YOUR HEALTH

19 BINGE DRINKING

20 ALCOHOL & OTHER SUBSTANCE USE

21 ALCOHOL-IMPAIRED DRIVING

22 DID YOU KNOW

Texas Tech University Health Sciences Center is committed to keeping your health and safety a top priority. Alcohol and drug use disorders remain a significant problem in the United States, and TTUHSC continues to strongly promote an environment that

discourages the inappropriate or illegal use of alcohol and other drugs. TTUHSC intends for its Alcohol and Other Drugs Prevention Program to be part of a positive effort in alleviating alcohol abuse and other drug-related problems among members of the campus communities in all regional sites and components. Thus, the emphasis in program implementation will be on prevention, education, counseling, intervention, and treatment.

RESOURCES

[SAMHSA](#): Find a Treatment Facility, Explore Treatment Options, Understanding Addiction, Paying for Treatment, Understanding Mental Health.

[The Counseling Center @TTUHSC](#) is a caring and confidential place where EAP-eligible employees and PAS-eligible students can receive support and professional counseling assistance with substance use issues.