

## Angelica Nibo

What do you hope these students take away from Docs for a Day?

0:06

I hope that the exposure shows them the opportunities that there are in the medical field and exposes them to the cool careers that we have in medicine, I'm hoping that the hands on activities are fun for them, and that they take them with them from this way forward.

What are the goals of the event?

0:25

The goals of the event are to expose the students to the career of medicine, and also to teach them hands on clinical skills, and to show them that there are medical students and doctors who look like them.

Do you wish you had an event like this when you were their age?

0:41

So when I was in high school, in my senior year, I was lucky enough to be a part of the clinicals rotation where I went and shadowed different doctors, physicians, nurses and technicians. But I think it would have been nice to be able to come to the medical school directly, because then I would have been able to learn in the environment that medical students learn in. So I think it would have been a very enriching experience, because I would have been able to learn a lot of hands on skills that I didn't learn in that class, in my senior year. So I would have really liked to be able to do something like this, I would have had a lot of fun.

Why do you think it's important for these students to interact with medical students?

1:17

Well, a lot of the medical students here today are first year medical students, so a lot of us are in our early 20s. And so it's nice to be in the environment where there are other medical students to talk to, so that they can see what it's going to be like to go from high school to the next steps and then into being a beginning medical student. So it's nice for them to be able to talk directly with us and see the challenges that we've gone through and learn from us.

Is it important for these students to see medical students who look like them?

1:45

Absolutely, we have a lot of minorities who are underrepresented in medicine. So to be able to talk directly to them and see that there are medical students who look like them is especially important. It's one thing to be told that you can do it or that you can succeed in a career. It's another thing to see the medical students directly who are in a position similar to yours and know that their disadvantages didn't stop them. So maybe it can be the same case for you.

## Angelica Nibo

What's the most important advice you have for these students who want to go into medicine?

2:15

So in my opinion, the best things in life are those that are not necessarily easy or convenient. So it might take a little bit of effort to go into a career such as medicine, but it's going to be worth it because there's going to be a lot of personal growth in there. So don't think that you can't just because it's hard that just might be a part of you growing.